

23 November 2020

Mountains to the Coast Insect Report

Mountains

- Tiny Black Stoneflies (Capniidae) < sz. 20
- *Dolophilodes* (Philopotamidae) caddisflies sz. 18-16—fish up against bank/rocks
 - Males: Mottled Brown Wing
 - Females: Wingless, black adults that look like pupae

Piedmont

- Lingering *Neophylax* caddisflies (tan-diamond-backed caddisflies) sz. 18
- Tiny Black Stoneflies (Capniidae) < sz. 20
- Needle, roll-wing stoneflies (Leuctridae)—thin bodied, brown imitations sz. 18 or 20

TN Tailwaters

- Adult midges: Olive and black in sz. 20-18
- Larval midges: Olive and grey in sz. 26-18
- Fall olives (Blue-winged olives) ending. Early winter olives beginning. Use olive-blue bodied adults.

Larvae for Mountains and Piedmont

- March brown, grey fox, *Epeorus* (Heptageniidae) sz. 16-20
- Blue quill (*Paraleptophlebia*, Leptophlebiidae) sz. 18
- Sulphurs, Hendricksons (*Ephemerella*, Ephemerellidae) sz. 20-18
- Golden stoneflies (Perlidae) in various sizes mostly “small” sz. 18-14 and “large” sz. 10-6

Coastal Plain Blackwaters (Approaching cold fronts can reduce activity, but some insect surface feeding still expected at present)

- Brown Millers (*Triaenodes*, Leptoceridae) sz. 18
- Light Cahills (*Stenacron*, Heptageniidae) sz. 18-16
- Coastal Plain October Caddis (*Pycnopsyche indiana*) sz. 14
- Spotted October Caddis (*Pycnopsyche antica*) sz. 12-10
- Various mottled and brown caddisflies (mostly Hydropsychidae of various genera) sz. 18
- Grey bizarre caddisflies (*Lepidostoma*, Lepidostomatidae) sz. 20
- Needle, roll-wing stoneflies (Leuctridae)—thin bodied, brown imitations sz. 18 or 20

Coastal non-game Baitfish

- Silverside and bay anchovy still pouring out of coastal rivers from NC Outer Banks to Charleston, SC
 - Drawing False Albacore action at sound inlets (from Hatteras-Ocracoke Inlet south to Cape Lookout-Onslow Bay and further south to NC/SC Line)
 - Spot, croaker, and small whiting serving as near-shore food resources for puppy red drum, black drum, sea trout and bull reds. Enjoy!